

NORTH CAROLINA REQUIRED IMMUNIZATIONS FOR COLLEGE ENTRY
Revised Effective with 2008-2009 Academic Year

REQUIRED IMMUNIZATIONS	NUMBER/TIMING OF DOSES	EXCEPTIONS/EXEMPTIONS*
Tetanus, diphtheria, and acellular pertussis (DTaP, Td, Tdap)	3 doses, with 1 being within the past 10 years; one dose must have been Tdap (see exceptions)	The Tdap dose is <u>not</u> required if: 1. Student entered college or university <u>prior to</u> July 1, 2008; 2. Booster dose of Td given within past 10 years; 3. Individual is over the age of 64. 4. Taking <u>only</u> online, night or weekend classes and <u>not</u> residing on campus.
Polio	3 doses	Taking <u>only</u> online, night or weekend classes and <u>not</u> residing on campus.
Measles	2 doses	1. Diagnosis of disease prior to July 1, 2008; 2. Born prior to 1957; 3. Enrolled in college or university for the first time before July 1, 1994; 4. Individual has been documented by serological testing to have a protective antibody titer against measles. 5. Taking <u>only</u> online, night or weekend classes and <u>not</u> residing on campus.
Mumps	2 doses	1. Born prior to 1957; 2. Enrolled in college or university before July 1, 1994; 3. Individual documented by serological testing to have a protective antibody titer against mumps; 4. <u>Second</u> dose of mumps vaccine is not required of an individual enrolled in college or university prior to July 1, 2008. 5. Taking <u>only</u> online, night or weekend classes and <u>not</u> residing on campus.
Rubella	1 dose	1. 50 years of age or older; 2. Enrolled in college or university before February 1, 1989 <i>and</i> after their 30 th birthday; 3. Individual has been documented by serological testing to have a protective antibody titer against rubella. 4. Taking <u>only</u> online, night or weekend classes and <u>not</u> residing on campus.
Hepatitis B	3 doses	1. Born before July 1, 1994. 2. Taking <u>only</u> online, night or weekend classes and <u>not</u> residing on campus. <i>Note: Meningococcal, HPV, Hepatitis A, Flu and a second dose of varicella vaccine are not required but <u>recommended</u> for this age group by the Advisory Committee on Immunization Practices.</i>

HOW TO FIND YOUR IMMUNIZATION RECORD

Tips for Reconstructing an Adult's Immunization History...

- Keep your immunization record in a safe place. You may need it throughout your life.
- Ask your parent, guardian, or medical provider if he/she has any record of your childhood immunizations.
- Look through any old papers saved from your childhood, such as a baby book.
- Ask your high school, post-secondary school, college health service, or previous employers (including the military) for dates of any immunizations, if applicable.
- Understand that it is often not possible to find childhood immunization records of an adult. When you can't document having received a required vaccine in the past, you may have to be re-vaccinated. Receiving extra doses of these vaccines will not harm you. For a few diseases and/or vaccines, you can have blood tests to see if you are immune.
- Document any information you discover in writing, including the vaccine name, date given, and provider or clinic name. You can download an immunization record card at www.immunize.org/adultizcards/adultizcard.pdf.

FOR THE FUTURE...

Finding old immunization records is hard and, for adults, often impossible. To avoid having to hunt for old records and possibly repeating vaccinations that cannot be documented, make sure all immunization providers give you a written record of the vaccine(s) provided. Remember to bring your immunization record card to all medical appointments. If you maintain an up-to-date copy of your record, you'll be ready to document your immunization history whenever necessary.

Information contained on this page gathered from <http://www.vaccineinformation.org/topics/oldrecords.asp>.