

## NORTH CAROLINA REQUIRED IMMUNIZATIONS FOR COLLEGE ENTRY

REQUIRED IMMUNIZATIONS	NUMBER/TIMING OF DOSES	EXCEPTIONS/EXEMPTIONS*
Tetanus, diphtheria, and acellular pertussis (DTaP, Td, Tdap)	3 doses, with 1 being within the past 10 years	<ol style="list-style-type: none"> <li>1. Student entered college or university <u>prior</u> to July 1, 2008</li> <li>2. Booster dose of Td given within past 10 years</li> <li>3. Taking <u>only</u> online, or night classes and <u>not</u> residing on campus and/or taking no more than four day credit hours in on-campus courses<sup>1</sup></li> </ol>
Polio	3 doses	<ol style="list-style-type: none"> <li>1. An individual who is age 18 or older is not required to receive polio vaccine</li> <li>2. Taking <u>only</u> online or night classes and <u>not</u> residing on campus and/or taking no more than four day credit hours in on-campus day courses</li> </ol>
Measles	2 doses	<ol style="list-style-type: none"> <li>1. Diagnosis of disease prior to January 1, 1994</li> <li>2. Born prior to 1957</li> <li>3. Enrolled in college or university for the first time before July 1, 1994 is not required to have a second dose of measles vaccine</li> <li>4. Individual has been documented by serological testing to have a protective antibody titer against measles</li> <li>5. Taking <u>only</u> online or night classes and <u>not</u> residing on campus and/or taking no more than four day credit hours in on-campus courses</li> </ol>
Mumps	2 doses	<ol style="list-style-type: none"> <li>1. Born prior to 1957</li> <li>2. Enrolled in college or university before July 1, 1994</li> <li>3. Individual documented by serological testing to have a protective antibody titer against mumps</li> <li>4. <u>Second</u> dose of mumps vaccine is not required of an individual enrolled in college or university prior to July 1, 2008</li> <li>5. Taking <u>only</u> online or night classes and <u>not</u> residing on campus and/or taking no more than four day credit hours in on-campus courses</li> </ol>
Rubella	1 dose	<ol style="list-style-type: none"> <li>1. 50 years of age or older</li> <li>2. Enrolled in college or university before February 1, 1989 <i>and</i> after their 30<sup>th</sup> birthday</li> <li>3. Individual has been documented by serological testing to have a protective antibody titer against rubella</li> <li>4. Taking <u>only</u> online, or night classes and <u>not</u> residing on campus and/or taking no more than four day credit hours in on-campus courses</li> </ol>
Hepatitis B	3 doses	<ol style="list-style-type: none"> <li>1. Born before July 1, 1994</li> <li>2. Taking <u>only</u> online or night classes and <u>not</u> residing on campus and/or taking no more than four day credit hours in on-campus courses.</li> </ol>

<sup>1</sup>If at any time student status changes to on-campus courses, course load of more than four (4) credit hours, on-campus residence, and/or enrollment in daytime courses, a Certificate of Immunization or record of immunization must be presented on or before the date the person first registers for a course or semester.

# HOW TO FIND YOUR IMMUNIZATION RECORD

## Tips for Reconstructing an Adult's Immunization History...

- Keep your immunization record in a safe place. You may need it throughout your life.
- Ask your parent, guardian, or medical provider if he/she has any record of your childhood immunizations.
- Look through any old papers saved from your childhood, such as a baby book.
- Ask your high school, post-secondary school, college health service, or previous employers (including the military) for dates of any immunizations, if applicable.
- Understand that it is often not possible to find childhood immunization records of an adult. When you can't document having received a required vaccine in the past, you may have to be re-vaccinated. Receiving extra doses of these vaccines will not harm you. For a few diseases and/or vaccines, you can have blood tests to see if you are immune.
- Document any information you discover in writing, including the vaccine name, date given, and provider or clinic name. You can download an immunization record card at [www.immunize.org/adultizcards/adultizcard.pdf](http://www.immunize.org/adultizcards/adultizcard.pdf).

## FOR THE FUTURE...

Finding old immunization records is hard and, for adults, often impossible. To avoid having to hunt for old records and possibly repeating vaccinations that cannot be documented, make sure all immunization providers give you a written record of the vaccine(s) provided. Remember to bring your immunization record card to all medical appointments. If you maintain an up-to-date copy of your record, you'll be ready to document your immunization history whenever necessary.

*Information contained on this page gathered from <http://www.vaccineinformation.org/topics/oldrecords.asp>.*

*Updated July 2010*